



**FREE 1HR LIVESHOW NOW!**

[Home](#) » [Online Exclusives](#) » [Miss Norway 2014, Kim MacKenzie, Will Bare Her Curves to Promote Healthy Body Image](#)

## MISS NORWAY 2014, KIM MACKENZIE, WILL BARE HER CURVE TO PROMOTE HEALTHY BODY IMAGE

BY KRAMREED [IN ONLINE EXCLUSIVES](#) [MAR 14TH, 2014](#) [0 COMMENTS](#) [288 VIEWS](#)



The girl who gets the crown is supposed to represent the epitome beauty. As the saying goes, "Miss USA contestants want to be Victoria Secret models." Dozens of stereotypes surround the typical pageant girl's body, but they all revolve around being tall, toned, and thin...the ectomorph or "tube" shaped body. But this leaves out the mesomorph body, also known as the "hourglass," and the endomorph body, also known as the "pear" or "apple" shaped bodies. When combined, more women are mesomorphs and endomorphs than ectomorphs anyway. So why have pageants morphed society's thinking that being tall and thin is the only definition of beauty? Kim MacKenzie, Miss Norway 2014 in Infinity Media's [Queen of the Universe Pageant](#), sets out this weekend to prove this pageant trend wrong.

"I'm curvy, toned, and tiny, or as I like to call it, 'fun-sized.' At 5'2" with hips and a booty, I don't look like your

typical pageant girl. But that's not who I'm trying to be anyway," Kim MacKenzie declares, "I spent enough years trying to mold my body into an unreachable and unhealthy ideal... and I was miserable because of it."

Kim, who struggled with an eating disorder for ten years, now proudly represents a healthy body image. "Every body is different. If you're a size 4 trying to starve yourself into a 00, you're going to be unhappy... as well as malnourished. I was. It took a long time for me to be able to embrace my curves. But now that I have, 'diet' is just another four letter curse word. I choose happiness and health over fitting myself into someone else's standard of beauty. Just being able to strut on stage in a bikini, curves and all, in front of thousands means I've already won."

So, is society's model of beauty shifting? Kim thinks so. "We now have companies like Dove showing real women's bodies, like in their [Real Beauty Campaign](#), and celebrities like Jennifer Lawrence speaking out about being called 'fat' by the media. People are taking note...even in the pageant world. That's why I love the Queen of the Universe Pageant. All the girls are different shapes and sizes...and they are all fabulous! We represent real women!"

The Queen of the Universe Pageant is this Sunday, March 16, at the Saban Theater. Tickets are available through [Ticketmaster.com](#), and all profits go directly to UNESCO's global education programs.


Kim MacKenzie is a Burbank-born screenwriter, producer, actress, and multi-passionate entrepreneur.

Nominated for three WEGO Health Activist Awards, her writing on healthy living has been featured in Spafinder Wellness 365, Classtivity, Become Natural, Hearts of Gold, and The Care Co. Kim has also permeated the entertainment industry as a screenwriter, actress, and producer. Her film BRO' starring Danny Trejo was distributed by Lionsgate in December 2012. As Miss Norway 2014, Kim is sponsored by [Rock's Tree and Hillside Service](#), The Body Archer, and "[Confessions of a Woman](#)" series author, Isabell Wells. Kim's mission is to combine health and entertainment, inspiring people to live healthy, well-balanced, abundant lives.

T

Home
Travel Information
On Board Our Trains
Our Destinat

Train information



!

**Access denied**

This website has been bl

East Coast adopt a Fair Usage Policy w/ the Wi-Fi service for all passengers. Mec bandwidth and can significantly reduce tl service.

+ Share / Save

---

Like 0
 Share 0
Share
 Tweet 3

Comments are closed.

# YOU ONLY LIVE ONCE, BUT IF YOU DO IT RIGHT, ONCE IS ENOUGH.

## MORE ARTICLES THAT MIGHT INTEREST YOU



**TREEHOUSE** Set for U.S theatrical and digital release Feb 20

Called "a modern day 80s horror classic" (Dread Central) and a "Masterpiece in su...



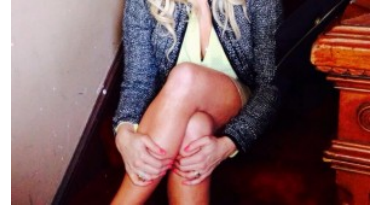
**BUDDY HUTCHINS** Starring Jamie Kennedy (Scream 1-3) and Oscar Nominee Sally Kirkland

JAMIE KENNEDY and SALLY KIRKLAND star in Buddy Hutchins, on DVD and VOD this March from Uncork...



The Blair Witch Project's Eduardo Sanchez presents Ninjas vs. Monsters

The Blair Witch Project's Eduardo Sanchez presents Ninjas vs. Monsters, clashing on DVD and V...



Jennifer Blanc-Biehn Shines in Scrappy Everly, Out in February

Actress/filmmaker Jennifer Blanc-Biehn is starting off 2015 with a bang, taking on a meaty r...

FILM / MOVIES / TV | FOOD & DRINK | ONLINE EXCLUSIVES | TECHNOLOGY | TRAVEL | CARS | E-MAIL: INFO@PEACEMAGAZINE.COM

COPYRIGHT PEACEMAGAZINE

loading