

'I'm more confident in myself these days'

TOWIE's Jordan Brook on returning to the hit show after four years and why the timing has never been better

It's only been back on our screens for a matter of weeks, but already the 30th season of *TOWIE* has been full of Essex drama – and when we catch up with star Jordan Brook, he tells us there are “testing” scenes yet to come. Ooh!

“There’s a lot of good stuff coming up,” he teases. “You’ll see a bit of a different side of me. I am a very happy, jolly person, but I had a few things go on with my family throughout this series and you see a side of me where I’m not so upbeat and not myself. You’ll see how I dealt with it.”

Elaborating a little more ominously, the 25-year-old barber continues, “I think there might be a bit of that to come where I realise for the first time ever I can rely on the cast, on my friends, to help me and get me through it. That was brilliant and you see that.”

“I don’t want to give too much away, but there’s a really powerful moment with my mum and you really see the connection I’ve

got with my family. You see that mother-son bond.”

Jordan joined the popular ITVBe series in 2017, before leaving in 2018, and he is delighted to return.

“It’s really, really nice to be back. I sort of feel like I’ve slotted straight back in,” he explains.

“When I came off the show last time, I stayed friends with a lot of the cast. I still cut a lot of their hair, and I’ve always been close friends with them. Coming back just felt normal really, organic. It just felt right.”

Reflecting on his previous time on the show, Jordan goes on to explain how he has matured since his first appearance on screen as a young 21-year-old just starting out in the world, and how this time around he feels in a better position to offer something new to viewers.

“Last time I was on the show, I was a lot younger. I was only 21, turning 22, and it was obviously completely new. I was still living at home, just getting my

business off the floor and I had a lot going on,” he adds.

“So I think the timing this time has worked really well. I feel a lot more confident in myself. I feel like I’ve got a bit more to offer.”

While Jordan’s own struggles are taking a front seat in this series, viewers will remember him for always being the “therapist” of the group from his previous appearance, as

and her partner Bill, I said everything can be sorted with a conversation.

“It’s something my dad’s always said to me, it’s true. Speak how you feel! I’m definitely more of a mediator than I am an aggressor.”

Positivity appears to be a running theme with Jordan, as he is well-known for his cheeky smile and upbeat attitude. Yet

‘There’s potential for a music career – one day!’

he tried to mediate between his friends when situations got tense.

Stepping into this role once again, the young star admits, “I never like to see people excluded or left on their own, so, if I can, I avoid arguing at all costs in day-to-day life.”

“I like people to smile, to be happy, and like we’ve seen on screen, when I was talking to Amy about her

according to the star, there’s no secret recipe for his positivity and his happy life outlook is largely down to his solid friend circle and the influence of his family.

“I’ve got a great family and such a good circle of friends. I think we’ve always just been genuinely happy people and of course, you do have times when you aren’t feeling so good, but I just sort of... am,” he says.

“Life is good! You’ve got to stay upbeat, let your sense of humour take over, don’t take



Ella caught his eye



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With *TOWIE*
co-star Chloe

things too seriously. I am just generally upbeat. My job helps. I see a lot of people when I'm cutting hair and I help a lot of people with problems when I'm cutting hair, too.

"That's, again, maybe where the mediator side of me comes from. I'm a good listener, and I'm just generally quite jolly. Family is key, though. My family is just like that. We love a good get-together, a family party. We're very close."

Speaking of parties, it was at a recent family get-together that Jordan showed off his singing skills alongside his professional singer dad, leading fans to wonder if he could follow in the footsteps of his pal, former *TOWIE* star Megan McKenna, and pursue a music career.

"I would never rule it out," laughs the star. "I love music. I love singing and being on stage. That's where I really come into my own. Whether it's singing or talking, I love it."

"If I had the right guidance and things like that, you never know. Seeing Megan and how talented she is, it does make me sometimes go, 'I wonder if I could do that?'"

"I really enjoy it, I do. I love singing with my dad and with my family, so yeah, potentially. There's potentially a music career there one day. Who knows?"

PHOEBE TONKS

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