

A full-page photograph of Martina McBride in a kitchen. She is smiling and holding a tray of food. In the background, her husband is cooking at the stove. The kitchen has white cabinets and a wooden shelf with dishes.

**'SHARING
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WORLD'**

—MARTINA
McBRIDE

MARTINA McBRIDE

FINDING COMFORT IN THE KITCHEN

► Country music star Martina McBride has always felt at home in the kitchen. Growing up in Kansas, McBride, 52, watched as her mother would cook dinner from scratch for their family of six. “We sat around the supper table every night no matter what,” she says. “We lived miles from civilization out in the country, so eating out was a very rare thing.”

She didn't realize it at the time, but those dinners would play an important role in her adult life. “The consistency of my mom and grandmother cooking was the biggest influence on me,” says McBride, whose Food Network show *Martina's Table* premieres Nov. 18. “When I moved out on my own, I felt it was important to keep doing that.”

Life on the road also opened McBride's palate to new flavors and ingredients. “There were a lot of things I never tasted until I started traveling”

McBride
at home in
Nashville with
her husband,
John.