

DINING OUT

Palm Beach

by Amanda Meaditz

You can have fun in the sun in authentic Palm Beach style at The Colony Hotel's **CPB**, their colorful poolside restaurant. The splendor of Palm Beach chic, its outdoor locale is equally enticing for its people watching as it is for its food. Executive Chef Tom Whittaker showcases classic brasserie dishes along with creative twists underneath the lush, green, hanging garden terrace, with standout dishes including the Bimbi Chicken Stack and brunch favorites, *Crispy Crusted French Toast*. The restaurant is a signature spot to go for a heavy, satisfying meal and a signature cocktail to go with it.

Interested in the fine art of balancing the post with the remaining?

- TheColonyPalmBeach.com/dining-entertainment-website
- [@TheColonyPalmBeach](http://TheColonyPalmBeach)
- [facebook.com/TheColonyPalmBeach](https://www.facebook.com/TheColonyPalmBeach)

Whether or not you've already dined at one of its restaurants, Daniel Boulud's **Café Boulud** is a must-visit spot. Located at the glamorous and historic Brazilian Court Hotel, this award-winning restaurant makes for an ideal place to celebrate a special occasion (even if that occasion is simply a much-needed vacation). This French establishment is full of delicious surprises, but none more satisfying than their Fresh Dover Sole, expertly flaked tableside. Don your finest outfit and prepare to be impressed by the quality service, elegant dining room, and unforgettable food.

- CafeBoulud.com
- [@CafeBouludPB](http://CafeBouludPB)
- [facebook.com/CafeBouludPB](https://www.facebook.com/CafeBouludPB)

Another outstanding hotel restaurant, **Florie's**, located within the Four Seasons, offers diners unparalleled Mediterranean cuisine. As the first restaurant in the United States to partner with the chef of the number one restaurant in the world, Mauro Colagreco (of Mirazur fame), Florie's utilizes live fire cooking in an open kitchen setting and focuses on dishes inspired by nature. This isn't surprising once you see the dishes; bright, dazzling colors adorn the plates, with pops of bright red pomegranate seeds and neon green puree of saffron complementing the otherwise monochromatic apple, carrots, the aprons and the chef's cool blue, offering food we didn't realize we saw you had a pretty fancy, but the creative flavor and plating presentation makes it worth every sip.

- FloriesPB.com
- [@FloriesPB](http://FloriesPB)
- [facebook.com/FloriesPB](https://www.facebook.com/FloriesPB)

While I do love a good window shop, I did manage to pick up a few accessories myself. It's a little too walk by any Tiffany & Co. store, let alone the one on Worth Avenue and not take a gander at the incredible one-of-a-kind jewelry. Maybe it was the diamonds calling, or maybe my inner Miss Holly Golightly, but I just had to take a peek. The Palm Beach Tiffany's houses some of the most exquisite pieces in the country. Currently, a rooftop condominium above the store is being built and is slated to go on the market later this year. The modern home will boast a rooftop pool as well as every amenity imaginable. You really will be able to have *Breakfast At Tiffany's*, and lunch and dinner too!

The one brand that epitomizes Palm Beach would have to be Lily Pulitzer. The bold and archival prints that first adorned a line of shift dresses have evolved into a worldwide brand of authentic American resort wear. The flagship store in Palm Beach has everything you could possibly imagine for the whole family. One of the best parts about visiting the store was designing my own signature Lily Pulitzer clutch. I worked with the manager on creating an exclusive print that one of the LP designers will be hand painting on the bag. With warm days upon us, I know that when I wear that bag, I will have a one-of-a-kind piece of luxury and history!

MY KINGDOM FOR A POOLSIDE TABLE AT THE COLONY

If you want to truly, and I mean truly, get a feel for what Palm Beach is like, you must visit the historic Colony Hotel. Known as the "most pink" hotel in Palm Beach, the crown jewel of Worth Avenue has been attracting celebrities, royals and socialites alike since 1947. Possible brunch at CPB is an experience! Their famous french toast and signature cocktails are enough to make you never want to leave. Be prepared for a slew of selfie-takers – and how can you blame them, with the palm tree wallpaper, outdoor wall of flowers and so, so much pink!

GRAND PRIX & POLO DREAMS

Of course I couldn't spend a week in Florida without breathing in some horses. I hit all the major spots: Sunday Night Lights at WEH, a polo match at the International Polo Club, where I got to debut my rented dress from Lady JetSet, and a behind-the-scenes tour of the

Palm Beach Masters Series just weeks before their season kick-off. Like any equestrian, I was excited to spend the country, the camaraderie of a shared passion seeps throughout Wellington and Palm Beach. Show jumping, dressage and polo have become integral parts of the social and economic make-up of Florida. It's no wonder that it's long been called the equestrian's playground.

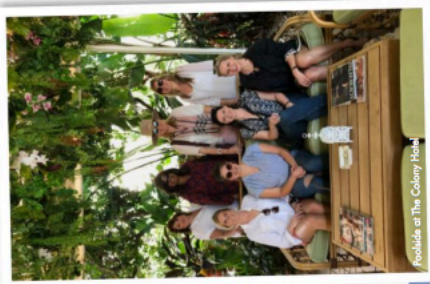
TIS THE FOUR SEASONS

I ended my trip with a stay at the newly-renovated Four Seasons. Inspired by the calm yet extravagant Palm Beach lifestyle, the Five-Star, Five Diamond beachfront resort blends the relaxing beach life with true Palm Beach style. Once again, I made my way to the spa. After a relaxing massage, I enjoyed a spa relaxation facial, cologne. I set and read in one of the relaxation chairs, and I would

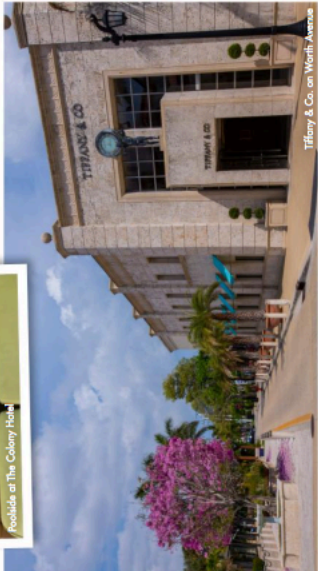
have stayed until closing, if it weren't for the fact that I was planning to return to Florida's Mediterranean-inspired restaurant with live-fire cooking and earth-conscious offerings. The garden-inspired cocktails with herb and citrus blends were an excellent end to my time at the Four Seasons.

FAREWELL FLORIDA

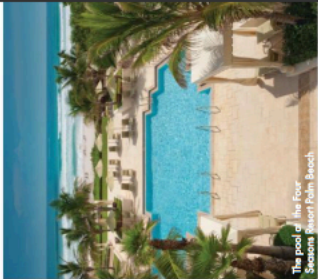
While I would love nothing more than to whisk my family away from California once a year to spend a few months in Florida, the reality is that, at the moment, it isn't possible. However, it makes my annual trip to Florida all the more special. The warm weather, exquisite culinary delights, hotel accommodations and amenities of the Palm Beach area make a destination for relaxation, rejuvenation and a little bit (or a lot) of fun! ☀️



Poolside at The Colony Hotel



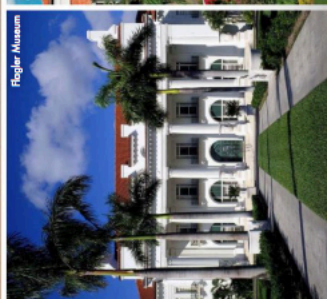
Tiffany & Co. on Worth Avenue



The pool at the Four Seasons Resort Palm Beach



Possibly dining at the Colony Hotel Palm Beach



Flieger Museum