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Profile Feature 1

Fred Robbins felt that he left it all out on the field, so once his time was up in the NFL he did not regret leaving the game behind for his new life. He had to learn to become Fred Robbins, not the NFL star he once was where things came by easier. Robbins had to adjust to life without football, it was a challenge for him but he got through it. Robbins said that life after football was not easy to cope with. He hung up the cleats and retired in 2011 playing his final season with the St. Louis Rams.

“ Robbins said I had an injury so I knew after that my time would soon be up, I had been preparing myself for awhile for this moment. It was time to hang up the cleats, I accomplished many things during my time with each team.”

“ When I was playing in the NFL and had to go to the dentist I would just walk through the side door to get my teeth clean. It was fast and easy, after my playing days I remember going again and had to wait inside the lobby for my turn.”

Fred Robbins a former NFL player from Pensacola, was drafted by the Vikings in 2000 where he played four years. Robbins hit the peak of his career when he signed with the New York Giants and won his first Super Bowl with future hall of fame QB Eli Manning in 2008. Robbins continued to be a force in NFL for many years. He was more than a player, he is a father, husband and a mentor to many of the younger players he was around doing his NFL career. Fred Robbins continued to mentor after his NFL career. Him and his wife has a non profit organization called Mr. Robbins Neighborhood which is located in Pensacola. This organization is to provide guidance and to mentor young athletes through their life. This is something he felt was helpful for the community, because everyone doesn't have the guidance throughout their homes.

Fred Robbins NFL career may be over but this is a new career for him and his family. He is a great person on and off the field. Giving back to the community is what it is all about, not keeping everything for yourself but sharing it with others. Robbins had many accomplishments in the NFL but I think this one may be the best of all. He is doing something that he loves and also has his family with him through it all.